



Commerce Township

Richardson Review



September & October 2026

Richardson Community Senior Center

1485 E. Oakley Park Rd.
Commerce Township, MI 48390

Phone (248) 926-0063
Fax (248) 325-5349
8:00am - 4:30pm Mon - Fri

www.commercetwp.com

Director

Emily England
england@commercetwp.com

Staff

Allison Kennedy
akennedy@commercetwp.com

Ashley Banahene
abanahene@commercetwp.com

More Than Cooler Weather is Coming This Fall!

As summer begins to wind down, many of us start looking forward to crisp mornings, colorful leaves, and everything that makes September and October such special months. Here at the Senior Center, there's even more to be excited about!

We're thrilled to be offering **new day trips** that will take us to exciting destinations, giving everyone a chance to enjoy great company while making new memories. Keep an eye on our activity calendar for details and registration dates.

You'll also notice **new events and programs** right here at the center. From special presentations and seasonal celebrations to fitness classes, games, creative activities, and social gatherings, we're adding even more ways for you to stay active and engaged. We hope you'll try something new—or bring a friend along to join the fun!

September is especially meaningful because it is **Senior Center Month**—a time to celebrate the important role senior centers play in building healthy, connected communities. Throughout the month, we'll recognize the friendships, opportunities, and services that make our center such a welcoming place. We have special activities planned to celebrate all of you, because our members are what make this center truly special.

As we head into the fall season, I encourage you to check out the newsletter, mark your calendars, and join us often. Every visit is an opportunity to laugh, learn, make new friends, and enjoy being part of our wonderful community. Thank you for being a part of our Senior Center family. I look forward to seeing you at our upcoming events and celebrating an exciting fall together!

Warm regards,

Emily, Allison & Ashley

Commerce Township provides information about seminars and workshops, we do not endorse any private company; we merely inform consumers of the availability of the service. As a consumer, you are encouraged to independently research and ask for referrals.

*SIGN UP FOR ALL FUNCTIONS
AND EVENTS AT THE CENTER
WILL TAKE PLACE ON
AUGUST 20 @ 8AM. NO
RESERVATIONS WILL BE TAKEN
BEFORE 8AM. PLEASE LEAVE A
MESSAGE, WE GO BY TIME
STAMPED ON VOICEMAIL, YOU
CAN ONLY RESERVE FOR 2
PEOPLE WHEN YOU CALL.*

Senior Lunch Program

The senior lunch program is available Monday thru Friday at 12:00 noon. Please, call our center to reserve your lunch a minimum of 2 business days in advance.
248-926-0063

SERVICES

Important Phone Numbers

Commerce Twp. Offices
248-624-0110

**Police Department Non
Emergency**
248-858-4950

Commerce Twp Library
248-669-8108

Alzheimer Association
800-337-3827

AgeWays
(Area Agency on Aging)
800-852-7795

Social Security
800-772-1213

**Oakland County Health
Division**
800-848-5533

Haven 24 hour Crisis Line
877-922-1274

Meals on Wheels
810-632-2155

People's Express
877-214-6073

LUNCH IS

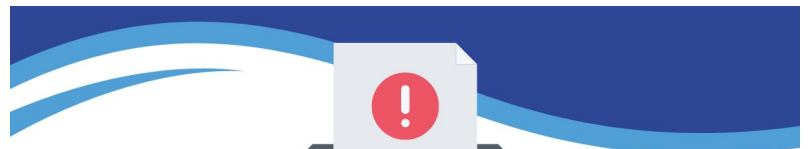
ON US!

**CLIP THIS COUPON AND
RECEIVE 1 FREE LUNCH
IN YOUR BIRTHDAY
MONTH**

PLEASE CALL 2 DAYS IN
ADVANCE TO REGISTER FOR
LUNCH! 248-926-0063



Courtesy of Commerce Township



Paper Shredding

Richardson Senior Center

1485 E Oakley Park, Commerce Township

FIRST WEDNESDAY OF EVERY MONTH

Time: 10AM - 2PM

- Lay papers flat
- No paper clips
- Remove items from envelopes
- Only items that need shredding
- No checkbooks

****Limit 1 plastic grocery bag per senior****

If you have any other questions we have many resources and tons of helpful information we can provide to you.

Weekly Activities

Monday

9:30 - Total Body
11:00 - Mahjongg
12:00 - Senior Lunch
12:30- Bingo
1:30- Yoga

Tuesday

9:30 - Knit & Crochet
10:00 - Woodcarving
12:00 - Senior Lunch
12:30 - Euchre
1:30 - Zumba Gold

Wednesday

9:30 - Total Body
12:00 - Senior Lunch
12:00 - Pinochle

Thursday

10:00 - Yoga
12:00 - Lunch/Movie
1:30 - Zumba Gold

Friday

9:00 - Art
9:30 - Total Body
12:00 - Senior Lunch
12:30 - Mexican Train
12:30 - Hand/Foot
12:30 - Bridge

MONTHLY EVENTS

SEPTEMBER IS SENIOR CENTER MONTH!

SEPT 1-HAPPIEST PEOPLE PRESENTATION
SEPT 2 - MEDICARE UTILIZATION WITH SUE MORSE

SEPT 3 - PIZZA & MOVIE

SEPT 7 - CLOSED

SEPT 8 - POTLUCK

SEPT 9 - COMPUTER HELP

SEPT 14-SPIRIT WEEK

SEPT 15 - ASK THE ATTORNEY

SEPT 17- ZEHNDERS LUNCH SHOW

SEPT 21- BINGO BITES

SEPT 23- MEDICARE TALK WITH SUSAN JACKSON

SEPT 25 - MOSAIC CRAFT

SEPT 29 - THEME LUNCH

SEPT 30 - BOOK CLUB

SEPT 30-MURDER MYSTERY LUNCHEON

OCT 1 - PIZZA & MOVIE

OCT 6- NO ZUMBA

OCT 7 - JUKEBOX BINGO

OCT 8- SENIOR EXPO

OCT 12 - CLOSED

OCT 13-POTLUCK

OCT 14 - COMPUTER HELP

OCT 19- BINGO BITES

OCT 20 - FEDERAL BANK TOUR

OCT 21- PAINT POTTERY WITH PAINTED CROC

OCT 27 - THEME LUNCH

OCT 28- BOOK CLUB



REGULARLY SCHEDULED EVENTS MAY BE CANCELLED OR MOVED FOR SPECIAL EVENTS ON OCCASSION. PLEASE CHECK THE BACK CALENDAR FOR ANY NOTICES AND FOLLOW OUR FACEBOOK PAGE FOR LAST MINUTE UPDATES

activities

BINGO

MONDAY

12:30-3:30
\$0.25/CARD



MAH JONG

MONDAY

11:00 - 1:00



KNIT & SEW

TUESDAY

9:30-11:30



ART GROUP

FRIDAY

9:00-11:00



MEXICAN

TRAIN

FRIDAY
12:30-3:30



cards

Euchre

Tuesday
12:30-3:30

Pinochle

Wednesday
12:00-3:30

Bridge

Friday
12:30-3:30

Hand, Knee & Foot

Friday
12:30-3:30





\$2

TOTAL BODY FITNESS

With Patty

Patty has been interested in fitness her whole life and is passionate about helping others feel great and has been working with the senior population for several years. As a martial arts teacher for over 15 years, she is also certified in strength and training. Patty also received certification from Beaumont Hospital as a yoga therapist.

Work at your own pace on Strength, Balance and Mobility, with Patty to keep our bodies strong, healthy and flexible while having fun with friends at the same time!!

MON, WED & FRI 9:30AM

No Pre Registration is Required



\$5

YOGA

With Debbie

With over 20 years in Yoga and certified since 2017, Debbie is an amazing choice to join us on Thursday mornings.

THURSDAY 10:00AM

No Pre Registration is Required



\$5

YOGA

With Lindsay

After college, Lindsay began to practice yoga more and more, finding herself addicted to the calm that an hour of mindful breathing brought to her life. This new-found sense of stillness and the growing strength of her body motivated her to complete her first yoga teacher training program at Core Power Yoga Chicago in 2010. She then relocated back to Michigan.

MONDAY 1:30PM

No Pre Registration is Required



\$5

ZUMBA GOLD FITNESS

With Maria

Along with being certified in Zumba Gold, Maria has a variety of Zumba certifications including Zumba Brazil, Zumba Core and Zumba Glutes. No previous experience is needed to enjoy this class. All participants are encouraged to workout in their level of comfortability.

TUES & THURS 1:30PM

No Pre Registration is Required



potluck

Do you enjoy cooking/baking and enjoy
lunch with friends?

Check out our monthly potluck luncheon!

SEPTEMBER 8

MAIN: SWISS STEAK

OCTOBER 13

MAIN: POLISH SAUSAGE &
SAUERKRAUT

11:30AM

The main course will be provided
by the Richardson Senior Center

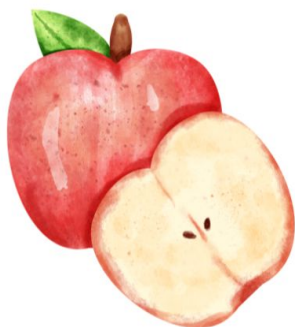
All participants MUST signup 2 days in advance

All participants MUST bring a dish to pass

Bring enough to serve all in attendance

(Menu subject to change without notice)

****Please, bring your own plate and utensils****



senior theme luncheon

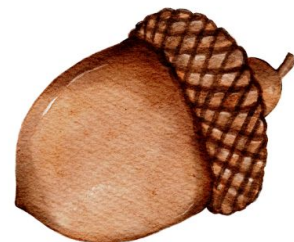
11:30AM

TUESDAY SEPTEMBER 29

MAIN COURSE: STUFFED STEAK

TUESDAY OCTOBER 27

MAIN COURSE: MEATLOAF & GRAVY



Our monthly senior luncheon on the last Tuesday of every
month is **FREE** to all seniors 60+

Registration is required 2 days prior to luncheon



"Welcome to our Family"

Stop by for your monthly blood pressure screening compliments of Affinity Senior Care.

Movie & Lunch

**Every Thursday
12PM - 3PM**

Sept 3



The Sheep Detectives



2026 PG

Sept 10

Renaissance Man

1994 PG13

Sept 17

Homeward Bound

1993 G

Sept 24

The Devil Wears Prada

2006 PG13

Oct 1



Michael



2026 PG-13

Oct 15

Working Girl

1988 PG13

Oct 22

Pressure (2026)

2026 PG13

Oct 29

Cool Runnings

1993 PG



Cost: \$3.00

No charge if you bring a lunch

Please call **248-926-0063** to
reserve your spot today!

Space is limited

Sept 3 & Oct 1

Pizza & Movie Sponsored by:



DAYNA STOVER

PH# 248-417-4897



AT THE RICHARDSON SENIOR CENTER



Computer Help

Richardson Senior Center

1485 E Oakley Park, Commerce Township

Are you looking for assistance with a computer or tablet? Have questions about a specific program?

Steve from the library will be here to offer computer help!

SEPTEMBER 9
OCTOBER 14



ASK THE ATTORNEY

SEPTEMBER 15

Appointments start
@ 10AM

The Lebowski Law Firm is a family run law firm which specializes in estate planning, estate/trust administration, and Elder Law (long term care planning)



Your Local Family-Run Law Firm

Please call 248-926-0063
to book your 15 minute
consultation with the
attorney.



DAYNA STOVER
PH# 248-417-4897



CAREPatrol™
Your Partner In Senior Care Solutions

AT THE RICHARDSON SENIOR CENTER

Pizza & Movie
12PM

Advanced Registration Required

September 3
October 1

Bingo Bites
12:30PM

CarePatrol will provide light bites
to enjoy while playing bingo

September 21
October 19



Commerce Twp Library

BOOK CLUB

10AM

Seasoned Readers



September 30
Cannery Row



October 28
In the Garden of Beasts

JOIN US!

Meet at:
Richardson Senior Center
1485 E Oakley Park

MURDER MYSTERY LUNCH

Who will solve the mystery... before it's too late?

Join us for a thrilling event of mystery, secrets, and suspense!

SEPT 30 AT 12:30 PM

Richardson Senior Center
RSVP: 248-906-0063

MUST REGISTER

Lunch will be served at 12:30PM with experience starting at 1PM

Lunch Provided by:



Painted Croc

Pottery Painting Class

Discover the art of pottery painting! Learn how to create and decorate your own unique piece.

Includes:

- Basic materials
- Guided class with an expert
- Your own finished piece to be fired and picked up at a later date.
- Lunch Provided

October 21
11:30AM

\$35

Sign up
& more
info:

248-926-0063
Richardson Senior Center



FUN MOSAIC CRAFT



JOIN US ALONG WITH GREAT LAKES CRAFTING TO CREATE A 10" MOSAIC BIRD BATH.

FRIDAY
SEPTEMBER 25

11:30A-
3:00P

\$40

Includes:

- ✓ Lunch
- ✓ Crafting Lesson
- ✓ All Supplies
- ✓ Time with Friends

Richardson Senior Center
1485 E Oakley Park Rd, Commerce Twp
REGISTER BY SEPTEMBER 18, 2026

Must Register

Non-Refundable unless we fill your spot.

248-926-0063



7 Secrets of the Happiest People in the World

Tuesday September 1 10AM

LEARN WHAT HAPPINESS REALLY IS AND HOW TO INCREASE YOURS! THIS CLASS WILL COVER THE SEVEN MAIN AREAS OF HAPPINESS AND THE HABITS WHICH SUPPORT THEM. PARTICIPANTS WILL LEARN PRACTICES AND TECHNIQUES TO CALM THE MIND, STRENGTHEN THE IMMUNE SYSTEM, DEAL WITH NEGATIVE PEOPLE AND UNDESIREABLE CIRCUMSTANCES, AND KEEP CALEM WHEN THE WORLD FEELS LIKE CHAOS. PARTICIPANTS WILL LEAVE WITH SIMPLE PRACTICAL TECHNIQUES WHICH CAN BE STARTED RIGHT AWAY TO HELP MANAGE STRESS, IMPROVE WELLNESS, AND RAISE YOUR OWN LEVEL OF HAPPINESS!

REGISTER BY CALLING:
248-926-0063



Tamara Zoner is a speaker, coach, and certified happiness trainer who works with all age groups to teach them the actions and habits of happiness so that they can lower stress & increase joy!

Lunch to Follow
Provided by:



SWEET SOUNDS SOCIAL CLUB



Enjoy a morning of live music designed especially for individuals living with dementia and their caregivers.

Featuring live performances by Claire Barnich and Bill Belote of Fiddle Pie.

SEPT 14 @ 10AM
OCT 5 @ 10AM
NOV 9 @ 10AM
DEC 7 @ 10AM

HOSTED AT COMMERCE TOWNSHIP
COMMUNITY LIBRARY.
REGISTRATION REQUIRED.

Made possible by Molina Healthcare of
Michigan and Michigan Libraries Community
Grant Funding Project.



September 2, 2026 | 1p-2p

MAXIMIZING MEDICARE

- You're 3/4's way through the 2026 Benefit Year...have you fully utilized your plan?
- Do you have a plan to maximize use for the rest of the year?
- Are you clear on what your plan covers, and covers at no cost?
- Do you know about the FREE extras your Advantage plan provides?
- Would you like to learn strategies to fill in the gaps?

Registration Required
Richardson Senior Center
248-926-0063



Sue Starr Morse
Licensed Advisor
248-212-7771



— FREE EDUCATIONAL SEMINAR —



Medicare 2027:

What Every Medicare
Beneficiary Needs to Know
Before Annual Enrollment



Annual Enrollment Period:
October 15 –
December 7, 2026



The decisions you make during
this time can impact your health
and your wallet in 2027.

You'll Learn:



What's changing for 2027
Important updates that could affect
your coverage and costs.



Could your prescription
costs increase?
What to watch for with your Part D plan.



Medicare Advantage vs.
Medicare Supplement—
has the answer changed?
I'll help you understand your options.



When you should—and
shouldn't—change plans
Get clear guidance for your situation.



Live Q&A
Bring your questions—
I'm here to help!



Snacks Provided!
Enjoy light refreshments
while you learn.



Presented by
Susan Jackson
Independent Health Insurance Advisor
248-819-9541

Helping you to make
confident choices.



WEDNESDAY, SEPTEMBER 23, 2026
12:30 PM – 2:00 PM



RICHARDSON SENIOR CENTER
1485 E. Oakley Park Rd
Commerce Township, MI 48390



TO REGISTER, CALL:
248-926-0063

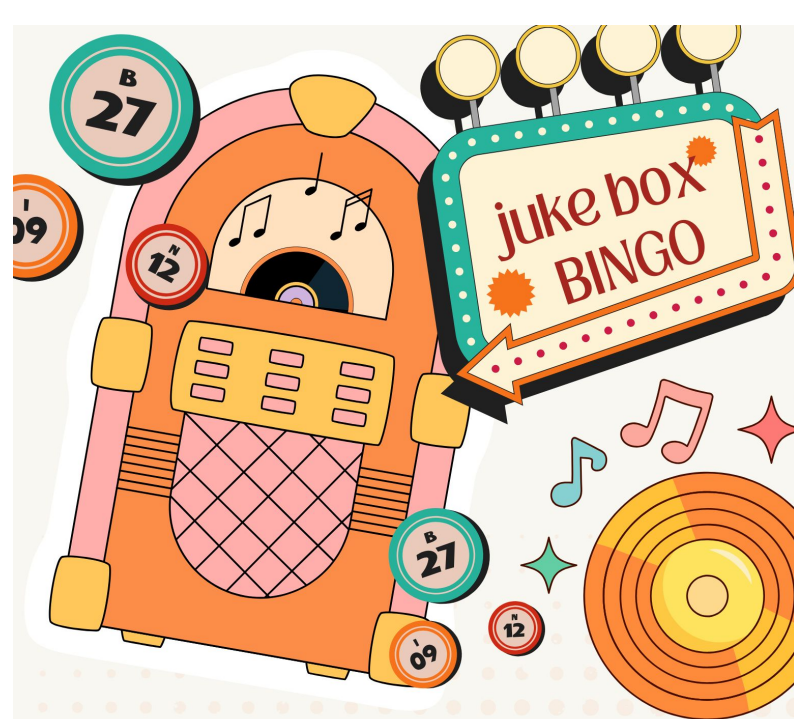


Appointments Available
Stay after the seminar to
schedule a one-on-one appointment
to review your plan options for 2027.



No sales. Just clear, unbiased information
to help you make confident choices for
your health and your future.

Everyone Welcome!



OCT 7 RICHARDSON SENIOR CENTER 1PM-3PM

REGISTRATION IS REQUIRED | CALL 248-926-0063

PRIZES & SNACKS

SPONSORED BY :

\$ FEDERAL BANK RESERVE TOUR

OCTOBER 20, 2026

Come join us for a guided tour through the Detroit Branch of the Federal Reserve Bank of Chicago.

The Day Trip will include Bus Transportation to Detroit Branch, 60-90 Minute Guided Tour, Lunch at Shields Pizza in Detroit.

The Detroit Branch Visitors Center features contemporary design and interactive, multimedia elements that highlight the roles of the Federal Reserve and the facts about the local economy. It allows visitors to peek into the Fed's automated vault where we examine currency deposited from banks and store billions of dollars more. The presentation will include a discussion of the Federal Reserve System and a tour of our cash department, which disburses currency to area banks.

Depart Richardson Center at 9am,
return at approx. 2:30pm

Register by stopping by the office or calling 248-926-0063
All Day Trips are non-refundable unless we fill your seat.





SPIRIT WEEK

SEPT 14-18 RICHARDSON SENIOR CENTER

MONDAY SEPT 14	FAVE SPORTS TEAM Wear your favorite sports team gear
TUESDAY SEPT 15	CRAZY HAIR DAY Style your hair in a crazy way!
WEDNESDAY SEPT 16	DECADES DAY Dress in your favorite decade
THURSDAY SEPT 17	HATS OFF Wear your Favorite or Silly Hat
FRIDAY SEPT 18	FAVORITE COLOR DAY

CALL US FOR MORE INFORMATION: 248-926-0063

MEADOWBROOK THEATER PRESENTS...

CHRISTMAS CAROL

BY CHARLES DICKENS
ADAPTATION AND ORIGINAL STAGING BY CHARLES NOLTE

DEC 2 2026

\$90

CELEBRATING 44 YEARS OF HOLIDAY MAGIC!

INCLUDES:
TRANSPORTATION
LUNCH
TICKET TO SHOW

11:00A DEPART RICHARDSON SENIOR CENTER
LUNCH AT RED OX TAVERN
1:30P SHOW AT MEADOWBROOK THEATER
5:00P RETURN TO RICHARDSON SENIOR CENTER

REGISTER AT 248-926-0063 OR STOP IN
Non-Refundable unless we fill your spot



CELEBRATE **SENIOR** **CENTER MONTH** IN SEPTEMBER

Join us this September as we celebrate National Senior Center Month with a month full of fun, friendship, and community spirit! Enjoy exciting games, raffle drawings, and a special Spirit Week featuring themed dress-up days and activities. It's the perfect opportunity to connect with friends, make new memories, and celebrate everything that makes our senior center such a special place.



RAFFLES

**SPIRIT
WEEK**

Sept 14-18

**SCAVENGER
HUNT**

MEAL ON WHEELS

**FREE
LUNCH**

ALL MONTH

JOIN US!

Richardson Senior Center
1485 E Oakley Park Rd



MORE DETAILS TO COME!



Commerce Township

SENIOR *Expo*



LUNCH RAFFLES FLU SHOT CLINIC

We welcome local organizations/groups that offer services to seniors in the community. Stop by to speak with our vendors and see what they have to offer.



THURS OCT 8
11AM – 1PM



RICHARDSON SENIOR
CENTER



REGISTER FOR LUNCH BY OCTOBER 6, 2026 | 248-926-0063

September 2026

Mon	Tue	Wed	Thu	Fri
	1 9:30—Knit & Crochet 10:00—Woodcarving 10:00—Happiest People on Earth Presentation 12:00—Senior Lunch 12:30—Euchre	2 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle 1:00—Medicare Utilization with Sue Morse	3 10:00-Yoga 12:00-Pizza & Movie 1:30-Zumba Gold	4 9:00—Art Group 9:30—Total Body 12:00—Senior Lunch 12:30—Hand, Knee, Foot / Mexican Train/ Bridge
7 CLOSED	8 9:30—Knit & Crochet 10:00—Woodcarving 11:30-Potluck 12:30—Euchre 1:30-Zumba Gold	9 Detroit Tiger Game 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle 2:00—Computer Help	10 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	11 9:00—Art Group 9:30—Total Body 12:00—Senior Lunch 12:30—Hand, Knee, Foot / Mexican Train/ Bridge
14 SPIRIT WEEK 9:30—Total Body 11:00—Mah Jongg 12:00—Senior Lunch 12:30-Bingo 1:30-Yoga	15 9:30—Knit & Crochet 10:00—Woodcarving 10:00—Ask The Attorney 12:00—Senior Lunch 12:30—Euchre	16 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle	17 Zehnder's Lunch Show 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	18 9:00—Art Group 9:30—Total Body 12:00—Senior Lunch 12:30—Hand, Knee, Foot / Mexican Train/ Bridge
21 9:30—Total Body 11:00—Mah Jongg 12:00—Senior Lunch 12:30-Bingo /Bingo Bites 1:30-Yoga	22 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30-Zumba Gold	23 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle 12:30—Medicare Talk with Susan Jackson	24 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	25 9:00—Art Group 9:30—Total Body 11:30—Mosaic Craft 12:00—Senior Lunch 12:30—Hand, Knee, Foot / Mexican Train/ Bridge
28 9:30—Total Body 11:00—Mah Jongg 12:00—Senior Lunch 12:30-Bingo 1:30-Yoga	29 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Theme Lunch 12:30—Euchre 1:30-Zumba Gold	30 9:30—Total Body 10:00—Book Club 12:00—Senior Lunch 12:00—Pinochle 12:30—Murder Mystery Lunch		

Events in bold requires pre-registration

October 2026

Mon	Tue	Wed	Thu	Fri
			<i>1</i> 10:00-Yoga 12:00-Pizza & Movie 1:30-Zumba Gold	<i>2</i> 9:00- Art Group 9:30- Total Body 12:00-Senior Lunch 12:30- Hand, Knee, Foot / Mexican Train/ Bridge
<i>5</i> 9:30-Total Body 11:00-Mah Jongg 12:00- Senior Lunch 12:30-Bingo 1:30-Yoga	<i>6</i> 9:30-Knit & Crochet 10:00- Woodcarving 12:00- Senior Lunch 12:30- Euchre No Zumba	<i>7</i> 9:30- Total Body 12:00- Senior Lunch 12:00- Pinochle 1:00- Jukebox Bingo	<i>8</i> Senior Expo 11A-1P All Other Activities Canceled	<i>9</i> 9:00- Art Group 9:30- Total Body 12:00-Senior Lunch 12:30- Hand, Knee, Foot / Mexican Train/ Bridge
<i>12</i> CLOSED	<i>13</i> 9:30-Knit & Crochet 10:00- Woodcarving 11:30-Potluck 12:30- Euchre 1:30-Zumba Gold	<i>14</i> 9:30- Total Body 12:00- Senior Lunch 12:00- Pinochle 2:00- Computer Help	<i>15</i> 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	<i>16</i> 9:00- Art Group 9:30- Total Body 12:00-Senior Lunch 12:30- Hand, Knee, Foot / Mexican Train/ Bridge
<i>19</i> 9:30-Total Body 11:00-Mah Jongg 12:00- Senior Lunch 12:30-Bingo/ Bingo Bites 1:30-Yoga	<i>20</i> Federal Bank Tour 9:30-Knit & Crochet 10:00- Woodcarving 12:00- Senior Lunch 12:30- Euchre 1:30-Zumba Gold	<i>21</i> 9:30- Total Body 11:30A-Painted Croc Pottery 12:00- Senior Lunch 12:00- Pinochle	<i>22</i> 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	<i>23</i> 9:00- Art Group 9:30- Total Body 12:00-Senior Lunch 12:30- Hand, Knee, Foot / Mexican Train/ Bridge
<i>26</i> 9:30-Total Body 11:00-Mah Jongg 12:00- Senior Lunch 12:30-Bingo 1:30-Yoga	<i>27</i> 9:30-Knit & Crochet 10:00- Woodcarving 11:30-Theme Lunch 12:30- Euchre 1:30-Zumba Gold	<i>28</i> 9:30- Total Body 10:00- Book Club 12:00- Senior Lunch 12:00- Pinochle	<i>29</i> 10:00-Yoga 12:00-Lunch & Movie 1:30-Zumba Gold	<i>30</i> 9:00- Art Group 9:30- Total Body 12:00-Senior Lunch 12:30- Hand, Knee, Foot / Mexican Train/ Bridge

Events in bold requires pre-registration



CARE *Patrol*™

Your Partner In Senior Care Solutions



Are you confused by all of the different options and unsure where to get information and resources?

Are you ready to downsize and move into an active Independent Senior Living community?

Would you or a loved one benefit from the care and security of living in an Assisted Living or Memory Care Community? Perhaps you just need a little extra help at home?

Contact Kari to set up your private complimentary consultation today.



KARI WEST, CSA, CDP

SENIOR CARE ADVISOR

(248) 931-4646

KWEST@CAREPATROL.COM



AEP IS COMING!



It's not too soon to schedule your personal review.



Whether just turning 65 or renewing for many years



Are you fully covered? And have the best plans for you?

I offer Medigap, Medicare Advantage, Drug Plans, Dental & Vision, Hospital Indemnity, Critical Illness & Accident Plans and more.

CALL ME TO
SCHEDULE YOUR
APPOINTMENT



SUE STARR MORSE
LICENSED AGENT
248-212-7771



MEDICARE QUESTIONS?

Medicare can be confusing. I can help you understand your options and feel confident in your choices—whether you're turning 65 or already on Medicare.



THERE IS NO COST TO MEET WITH ME!

HOW I CAN HELP:

- Save on monthly premium costs
- Provide side-by-side comparisons of Medicare Advantage vs. Medicare Supplement Plans
- Prescription drug plan reviews
- Dental, vision, & hearing options

WHY WORK WITH ME?

- Appointed with all major Medicare carriers
- I work for you—not the insurance company
- Free Cost Analysis
- Free video on how to apply for Medicare Part A & B

CLEAR EXPLANATIONS, NO PRESSURE, NO OBLIGATION



Susan Jackson
Licensed Independent Agent

248-819-9541

BestHealthOptionsLLC.com

GETTING **MEDICARE** INFORMATION FROM AI IS A GOOD WAY TO GET YOURSELF IN A **PICKLE.**

CALL TYRONE CARR & ASSOCIATES....
WE'RE KEEPIN' IT REAL!

LOCAL - LIVE - HUMAN INTERACTIONS

ARE YOU TURNING 65?

Join us at the Brighton Pickleball Club for a Medicare 101 Workshop and support our mission to "Keep it Real". With over 20 years of experience, we will provide the Medicare education you need to make informed decisions about your healthcare.

WORKSHOP DATES

 THURSDAY, MARCH 26TH @ 11AM & 7PM

 WEDNESDAY, APRIL 8TH @ 11AM

 TUESDAY, APRIL 21ST @ 11AM & 7PM

 THURSDAY, MAY 7TH @ 11AM & 7PM

 TUESDAY, JUNE 2ND @ 11AM & 7PM

 THURSDAY, JUNE 25TH @ 11AM & 7PM

WORKSHOP LOCATION  Brighton Pickleball Club, 8125 Movie Dr., Brighton, MI. 48116

We do not offer every plan available in your area. Any information we do provide is limited to the plans we do offer in your area. Please call 1-800-MEDICARE or visit medicare.gov for information on all your options. Plans that are insured or covered by a Medicare Advantage (PPO & PFFS) organization with a Medicare contract and/or a Medicare-approved Part D Sponsor. Enrollment in the plan depends on the plan's contract renewal with Medicare.



Tyrone Carr & Associates

BRIGHTON, MI.

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(810) 534-3008

Attendees will receive a voucher for 1 hour of free.
Open Play upon the conclusion of the workshop.

***Instruction for all levels is included.**

SPACE IS LIMITED REGISTER TODAY!





TYRONE CARR
& ASSOCIATES



AUTO

- Collision Coverage
- Comprehensive Coverage
- Liability Coverage
- Medical (PIP) Coverage



COMMERCIAL

- Commercial Auto
- Commercial General Liability (CGL)
- Worker's Compensation
- Business Owner Packages



HEALTH INSURANCE

- Group Coverage
- Individual Coverage
- We specialize in Medicare Advantage & Medicare Supplemental (Medigap) Plans



HOME

- Homeowner's Insurance
- Renter's Insurance



LIFE

- Whole Life Policies
- Term Life Policies
- Critical Illness
- Final Expense
- Disability
- Long-Term Care

The Best Part of
Spring Cleaning is
Finding Money in
Unexpected Places.

Start your deep cleaning off right &
schedule an appointment to have
ALL of your policies reviewed.

**CALL (810) 534-3008
TODAY!**



Visit our website for more information.

Brighton, MI 48116

www.tcarrassociates.com

info@tcarrassociates.com



"We looked at several assisted living communities but none could compare to New Hope White Lake...it instantly felt like home..." - Facebook Reviewer



NEW HOPE WHITE LAKE

—ASSISTED LIVING & MEMORY CARE—

*A place to feel at Home,
a team that Feels like Family*

All-Inclusive Living

All-inclusive pricing means that **ALL** of a resident's personal care costs are included in the monthly price.

Come have lunch with us any Tuesday or Thursday now through the end of August, and be sure to ask about our Summer Move-In Special, where you can save up to \$5,000

**450 S. WILLIAMS LAKE RD.
WHITE LAKE, MI 48386
(248)-886-6700**



The Diamond Club: Polished Perspectives on Senior Living

A Monthly Lunch and Learn Series

Our Diamond Club luncheons are back! Join us for this free monthly educational series as we share gems of insight on all things senior living.

If you're planning the next chapter for yourself or a loved one, or if you provide services to seniors, we invite you to connect over a delicious afternoon meal.

Simply attend any event to become a member and receive updates about future offerings.

Join Us on the
**Third Thursday
of Every Month**
at 1:00 p.m.

THE AVALON OF
COMMERCE TOWNSHIP
2500 Martin Parkway
Commerce Township
MI 48390

Reserve Your Spot Today!

To register, please call 248-265-3187 or email concierge@theavalonofcommercetownship.com.

ASSISTED LIVING | MEMORY CARE | SHORT-TERM RESPITE CARE

2500 Martin Parkway, Commerce Township, MI 48390

TheAvalonofCommerceTownship.com

Managed by   

Feels Like Family, Feels Like Home

At Rose Senior Living at Providence Park, our exceptional amenities, engaging activities, and delicious chef-crafted dining make every day an opportunity to relax and enjoy life to the fullest. From cozy common spaces to thoughtfully designed apartments, you'll find a warm, welcoming atmosphere and a chance to connect with your community.

See how good maintenance-free living can be!



Explore Our Vibrant Community!

Call 248-859-0905 or email providenceparkinfo@roseseniiorliving.com to schedule a visit.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

47400 Heritage Drive, Novi, MI 48374

providencepark.roseseniiorliving.com

Managed by   



Pleasantry
Home Care



Our Mission

At **PLEASANTRY HOME CARE** we are here to provide you or your loved one with peace of mind, quality care, and the respect they deserve through personal care.

PLEASANTRY HOME CARE

- » Private Duty Services
- » Companionship
- » Hygiene Assistance
- » Light Massages
- » Meal Preparation/ Feeding
- » Medication Reminder
- » Organize mail
- » Light Housekeeping
- » Errands / Shopping
- » Reassurance calls
- » Day & Night care services

Contact

Tamika Littleton
586 718-2868

At Pleasantry Home Care,
we believe every day
should be a pleasant day



Pleasantry
Senior Living



Our Mission

PLEASANTRY SENIOR LIVING will provide exceptional quality care to our residents by offering a level of care that promotes independence while recognizing each person's individuality through a commitment to treat each resident with dignity, courtesy and respect they deserve in a safe, loving home environment.

PLEASANTRY SENIOR LIVING LICENSED ADULT FOSTER CARE HOME

- » For Male / Female
- » Memory Care & Home for Aged
- » Private Rooms
- » Open floor plan
- » Spacious Outdoor Deck
- » 24 Hour Supervision
- » All inclusive services for one flat rate
- » Located in Commerce Twp 48382

Contact

Tamika Littleton
586 718-2868

Our door is open to you –
So that you are not alone,
We are Pleasantry Senior Living –
giving you a caring
and pleasant home!



WELLNESS Word Search

Fitness
Nutrition
Hydration
Meditation
Breathing
Health
Exercise
Sleep
Balance

K	E	X	E	R	C	I	S	E	I	A	G
F	B	R	E	A	T	H	I	N	G	B	B
I	M	S	G	A	J	L	S	K	A	B	A
T	E	G	K	D	C	M	W	A	H	I	L
N	U	T	R	I	T	I	O	N	A	I	A
E	T	U	M	D	H	E	A	L	T	H	N
S	L	E	E	P	R	J	F	S	M	S	C
S	K	F	S	U	L	S	G	U	J	L	E
I	M	E	D	I	T	A	T	I	O	N	M
S	N	S	J	E	R	I	B	S	U	O	B
V	H	Y	D	R	A	T	I	O	N	N	E

COMMERCE TOWNSHIP

Richardson Community Senior Center

1485 E. Oakley Park Rd
Commerce Township, MI 48390

Phone: 248-926-0063

Fax: 248-325-5349

Hours: 8:00AM - 4:30PM

Monday - Friday

www.commercetwp.com

