

Happy  
New  
Year

Commerce Township  
**Richardson Review**

January & February



Richardson  
Community  
Senior Center

1485 E. Oakley Park Rd.  
Commerce Township, MI 48390

Phone (248) 926-0063  
Fax (248) 325-5349  
8:00am - 4:30pm Mon - Fri

[www.commercetwp.com](http://www.commercetwp.com)

**Director**

Emily England  
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Melissa Gardner  
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# Letter from the Director

It's hard to believe that we're already turning the calendar into 2025! We will again be hosting AARP for their Tax-Aide program as they assist seniors with tax preparation. **We will start taking calls for appointments on Thursday, January 2** (appointments will be in early February). Starting the week of February 3, bingo will be moved to Thursday 12:30pm - 3:30pm.

We have a new bus trip added to our calendar for 2025 and will be traveling to Niagara Falls June 2 - June 5. Register to early to reserve your spot! We are also looking at options to add additional day trips from the Richardson Senior Center. Please submit any ideas of local attractions you would like to see added to our schedule.

We can't wait to see you in 2025!

Sincerely,

Emily, Allison, Melissa & Maria

Commerce Township provides information about seminars and workshops, we do not endorse any private company; we merely inform consumers of the availability of the service. As a consumer, you are encouraged to independently research and ask for referrals.

**SIGN UP FOR ALL FUNCTIONS AND EVENTS AT THE CENTER WILL TAKE PLACE ON December 19 @ 8AM. NO RESERVATIONS WILL BE TAKEN BEFORE 8AM. PLEASE LEAVE A MESSAGE, WE GO BY TIME STAMPED ON VOICEMAIL, YOU CAN ONLY RESERVE FOR 2 PEOPLE WHEN YOU CALL.**

## Senior Lunch Program

The senior lunch program is available Monday thru Friday at 12:00 noon. Please, call our center to reserve your lunch a minimum of 2 **business** days in advance.

**248-926-0063**



# SERVICES

## Important Phone Numbers

**Commerce Twp. Offices**  
248-624-0110

**Police Department Non  
Emergency**  
248-858-4950

**Commerce Twp Library**  
248-669-8108

**Alzheimer Association**  
800-337-3827

**AgeWays**  
(Area Agency on Aging)  
800-852-7795

**Social Security**  
800-772-1213

**Oakland County Health  
Division**  
800-848-5533

**Haven 24 hour Crisis Line**  
877-922-1274

**Meals on Wheels**  
810-632-2155

**People's Express**  
877-214-6073

*Join me for Lunch*



**CLIP THIS COUPON AND RECEIVE  
1 FREE LUNCH THE MONTH OF  
YOUR BIRTHDAY!**

**PLEASE CALL 2 DAYS IN  
ADVANCE TO REGISTER  
FOR LUNCH**

**248-926-0063**



**RICHARDSON SENIOR  
CENTER**

**Day: First Wednesday of the month**

**Time: 10AM - 2PM**

- Lay papers flat
- No paper clips
- Remove items from envelopes
- Only items that need shredding
- No checkbooks



**\*\*Limit 1 plastic grocery bag per senior\*\***



**Donations are always welcome at the Richardson Senior Center. Here is a list of supplies we use:**

- Coffee**
- Napkins**
- Small Plates**
- Paper Towels**
- Plastic Silverware**

# Richardson Senior Center

## WEEKLY

### Monday

9:30 - Total Body  
11:00 - Mahjongg  
12:00 - Lunch  
12:30 - Bingo  
1:00 - Yoga

### Tuesday

9:30 - Knit & Crochet  
10:00 - Woodcarving  
12:00 - Senior Lunch  
12:30 - Euchre  
1:30 - Zumba Gold

### Wednesday

9:30 - Total Body  
12:00 - Senior Lunch  
12:00 - Pinochle

### Thursday

10:00 - Yoga  
12:00 - Lunch/Movie  
1:30 - Zumba Gold

### Friday

9:00 - Art  
9:30 - Total Body  
12:00 - Senior Lunch  
12:30 - Mexican Train  
12:30 - Hand/Foot  
12:30 - Bridge

## UPCOMING EVENTS

**Wed. Jan. 1 - CLOSED**

**Wed. Jan. 8 - Computer Help**

**Thur. Jan. 9 - Pizza & Movie**

**Tue. Jan. 14 - Potluck**

**Mon. Jan. 20 - CLOSED**

**Tue. Jan. 28 - Theme Lunch**

**Wed. Jan. 29 - Book Club**

**Thur. Feb. 6 - Pizza & Movie**

**Tue. Feb. 11 - Potluck**

**Wed. Feb. 12 - Heart Health**

**Wed. Feb. 12 - Computer Help**

**Mon. Feb. 17 - CLOSED**

**Tue. Feb. 25 - Theme Lunch**

**Wed. Feb. 26 - Book Club**



**SIGN UP BEGINS  
THURSDAY, DECEMBER 19 @  
8:00AM**

MANY OF OUR ACTIVITIES HAVE LIMITED QUANTITIES. WE WILL TAKE SIGN-UPS IN THE ORDER THEY ARE RECEIVED. IF YOU CALL AND WE DON'T ANSWER, PLEASE LEAVE A MESSAGE. WE WILL GET BACK TO YOU TO CONFIRM YOUR REGISTRATION!

Richardson Senior Center  
248-926-0063

When calling to register for an activity, you may register for yourself and 1 additional person. Any calls received before 8 AM will not be added to event registration.



**Starting the week of  
February 3, Bingo will be  
moved to Thursday.**



# CARDS



## Pinochle

Wednesday  
12:00 - 3:30



## Hand, Foot & Knee

Friday  
12:30 - 3:30



## Euchre

Tuesday  
12:30 - 3:30



## Bridge

Friday  
12:30-3:30



## Activities



### Art Group

Friday  
9:00 - 11:00



### Knit & Sew

Tuesday  
9:00 - 11:00



### Mexican Train

Friday  
12:30-3:30



### Monday

12:30 - 3:30  
\$0.25/card

Starting in February,  
Bingo will move to  
Thursday



### MahJong

Monday  
11:00 - 1:00



# Yoga

with Debbie



Debbie's vinyasa style class welcomes all levels, including those that have never practiced. The flows are developed with the senior body in mind. Debbie is RYT200 certified with 5 years of teaching experience and has been practicing for 15 years.

**Richardson Senior Center**  
**Monday 1:00 PM - 2:00PM**  
**Thursday 10:00 AM - 11:00AM**

**COST: \$5/CLASS**



# TOTAL BODY FITNESS

Patty has been interested in fitness her whole life and is passionate about helping others feel great and has been working with the senior population for several years. As a martial arts teacher for over 15 years, she is also certified in strength and training. Patty also received certification from Beaumont Hospital as a yoga therapist.

Work at your own pace on Strength, Balance and Mobility, with Patty to keep our bodies strong, healthy and flexible while having fun with friends at the same time!!

**MON, WED & FRI**  
**9:30 AM - 10:30 AM**  
**COST: \$2/CLASS**



## Come Dance with Maria

**Along with being certified in Zumba Gold, Maria has a variety of Zumba certifications including Zumba Brazil, Zumba Core and Zumba Glutes. No previous experience needed to join this class as all participants are encouraged to do what they are comfortable with.**

**TUESDAY &  
THURSDAY**  
**1:30 - 2:30**  
**COST: \$5**



# POTLUCK

**Do you enjoy cooking/baking and enjoy lunch with friends?**

**Check out our monthly potluck luncheon!**

**TUESDAY, JANUARY 14**

**11:30 AM**

MAIN COURSE: POTATO BAR

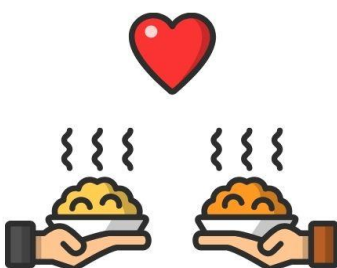
**TUESDAY, FEBRUARY 11**

**11:30 AM**

MAIN COURSE: CHICKEN SALAD SANDWICH

**\*\*PLEASE, BRING YOUR OWN PLATE AND UTENSILS**

**\*\*Please, note the time change**



**The main course will be provided by the Richardson Senior Center.**

1. All participants **MUST** sign up 2 days in advance
2. All participants **MUST** bring a dish to pass
3. Bring enough to serve all in attendance

(Menu subject to change without notice)



# SENIOR LUNCHEON

**TUESDAY, JANUARY 28**

**11:30 AM**

MAIN COURSE: VEGETABLE LASAGNA

**TUESDAY, FEBRUARY 25**

**11:30 AM**

MAIN COURSE: SWEET AND SOUR CHICKEN

**Our monthly senior luncheon on the last Tuesday of every month is FREE to all seniors 60+.**

Registration is required 2 days prior to luncheon



Stop by for your monthly blood pressure screening compliments of Affinity Senior Care.



# Movie & Lunch



## Thursday 12PM - 3PM



Jan 2:		Senior Moments	PG-13 (2021)
<b>Jan 9 :</b>		<b>Mystery Alaska</b>	<b>R (1999)</b>
Jan 16 :		Deep End Of The Ocean	PG-13 (1999)
Jan 23:		Funny Girl	G (1968)
Jan 30		After Death	PG-13 (2023)
<b>Feb 6</b>		<b>Little Miss Sunshine</b>	<b>R (2006)</b>
Feb 13:		Cinderella	PG (2021)
Feb 20:		The Boy in the Stripe Pajamas	PG-13 (2008)
Feb 27:		Sight	PG-13 (2023)

Cost: \$3.50  
No charge if you bring a lunch

Please call **248-926-0063** to reserve your spot today!

**Space is limited**

# PIZZA PARTY

 **January 9 &**

 **February 6**

Sponsored by:

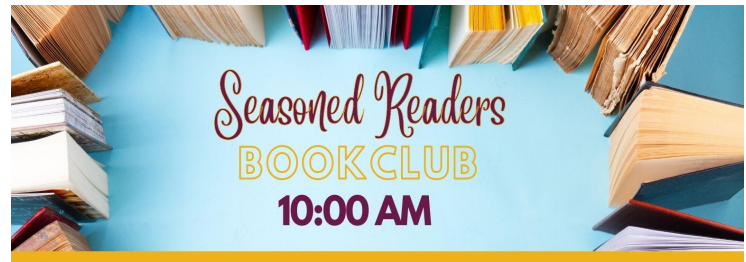




ARE YOU LOOKING FOR ASSISTANCE WITH A COMPUTER OR TABLET? HAVE QUESTIONS ABOUT A SPECIFIC PROGRAM? STEVE FROM THE LIBRARY WILL BE HERE TO OFFER COMPUTER HELP!

**JANUARY 8 & FEBRUARY 12**  
**2PM - 3PM**

RESERVATIONS ARE REQUIRED! 30 MINUTE TIME LIMIT



GROUP MEETS AT:  
RICHARDSON SENIOR CENTER

**January 29:**  
**Pope Joan**

**February 26:**  
**The Curious Incident of the Dog in  
the Night-time**



BROUGHT TO YOU BY:



**AARP**<sup>SM</sup>  
Tax-Aide<sup>TM</sup>

WE WILL AGAIN BE HOSTING AARP AT THE RICHARDSON SENIOR CENTER TO ASSIST WITH YOUR 2024 TAXES.

WE WILL BEGIN TAKING APPOINTMENTS ON THURSDAY, JANUARY 2. PLEASE CALL 248-926-0063 TO RESERVE YOUR APPOINTMENT!



Email: [seniorservices@commercetwp.com](mailto:seniorservices@commercetwp.com)<sup>8</sup>





# HEART HEALTH LUNCHEON

Join us at the Richardson Senior Center with the team of Waltonwood Twelve Oaks for a presentation on heart health & a complimentary lunch by our community.

**WEDNESDAY,  
FEBRUARY 12TH 2025  
12 TO 2 PM**

Please call 248-926-0063 to reserve your spot today!  
Space is Limited

# COMMERCE-RICHARDSON SR. CENTER PRESENTS

## Niagara Falls, USA



### INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 4 nights lodging in the Niagara Falls, NY area
- ◆ 8 meals: 4 breakfasts and 4 dinners
- ◆ GUIDED TOUR of NIAGARA FALLS, NY
- ◆ A Journey to The Falls on "MAID OF THE MIST"
- ◆ Enjoy a CRUISE on the ERIE CANAL
- ◆ Take a SCENIC DRIVE through WINE COUNTRY
- ◆ GUIDED TOUR of BUFFALO
- ◆ Visit to the BUFFALO TRANSPORTATION PIERCE ARROW MUSEUM

For more pictures, video, and information visit:  
[www.GroupTrips.com/CommerceRichardson](http://www.GroupTrips.com/CommerceRichardson)

# \$710\*

## 5 Days 4 Nights

\*PER PERSON, DOUBLE OCCUPANCY

(Mon - Fri)  
Jun 2 - 6  
2025

**Departure: Senior Center,  
1485 E. Oakley Park Rd, Commerce Township, MI @ 8 am**

**Day 1:** Depart your group's location in a spacious, video and restroom equipped motorcoach as you head for your destination: awe-inspiring, captivating Niagara Falls, USA! This evening, you will have Dinner and check into your Niagara Falls, NY area hotel for a four night stay.

**Day 2:** Start the day with a Continental Breakfast before you go on a cruise aboard the MAID OF THE MIST and enjoy a closer view of the Falls. Next you will depart for a GUIDED TOUR of NIAGARA FALLS, NY. You will experience a spectacular view of the gorge from the Observation Tower and your guide will show you some of the best viewpoints in Niagara State Park. On the American side of the Falls you are so close to the river you can practically touch it. This evening, after Dinner at a local restaurant, enjoy a view of the Falls from Goat Island.

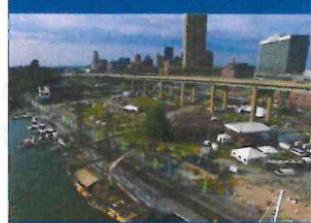
**Day 3:** After a Continental Breakfast, journey to Lockport to experience a CRUISE on the ERIE CANAL. This fun and informative cruise will take you past five of the original 1800's locks. You will visit charming Lewiston, NY, home of the Freedom Crossing Monument. Enjoy another lovely view of the mighty Niagara River. This afternoon, take a scenic drive through the Wine Country and stop at a local winery for a tasting. Later tonight, you'll enjoy Dinner with Entertainment.

**Day 4:** Enjoy a Continental Breakfast before you head to Buffalo, NY. Upon arrival, enjoy a GUIDED TOUR of BUFFALO, once one of the richest cities in America, as well as, home to the World's Fair in 1901 and two Presidents. You will go to the Canalside area, which is at the heart of downtown Buffalo's waterfront revitalization area and visit the BUFFALO TRANSPORTATION PIERCE ARROW MUSEUM. Get a glimpse of the finest vintage automobiles, see a reproduction of a Frank Lloyd Wright Filling Station, and tour exhibits like "Women and Automobiles" which showcase memorabilia from the golden age of touring. This evening, enjoy Dinner at a local restaurant, before you return to your hotel for a good night's rest.

**Day 5:** Enjoy a Continental Breakfast before departing for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen and where your next group trip will take you!



World's most famous Falls



Visit to Buffalo's Canalside



Experience a Majestic View of the Falls



Enjoy a Cruise along the Erie Canal

### ADD SOME PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan.  
See separate advertisement...

\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$170 for single occupancy.  
Final Payment Due: 3/26/2025

### FOR INFORMATION & RESERVATIONS CONTACT:

**Emily England @ (248) 926-0063**

**Diamond Tours**<sup>inc.</sup>  
Bringing Group Travel to a Higher Standard®

# January 2025

Mon	Tue	Wed	Thu	Fri
		1 <b>CLOSED</b>	2 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	3 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
6 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	7 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	8 <b>Computer Help</b> 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle	9 <b>CarePatrol—12pm</b> 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	10 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
13 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	14 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Potluck 12:30—Euchre 1:30—Zumba Gold	15 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle	16 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	17 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
20 <b>CLOSED</b>	21 9:30—Knit & Crochet 10:00—Woodcarving 12:00—Senior Lunch 12:30—Euchre 1:30—Zumba Gold	22 9:30—Total Body 12:00—Senior Lunch 12:00—Pinochle	23 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	24 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee
27 9:30—Total Body 11:00—Mahjong 12:00—Senior Lunch 12:30—Bingo 1:00—Yoga	28 9:30—Knit & Crochet 10:00—Woodcarving 11:30—Theme Lunch 12:30—Euchre 1:30—Zumba Gold	29 9:30—Total Body <b>10:00—Book Club</b> 12:00—Senior Lunch 12:00—Pinochle	30 10:00—Yoga 12:00—Lunch & Movie 1:30—Zumba Gold	31 9:00—Art 9:30—Total Body 12:00—Senior Lunch 12:30—Mexican Train, Bridge & Hand/Foot/Knee

# February 2025

Mon	Tue	Wed	Thu	Fri
<p>3 <b>TAXES</b>            9:30—Total Body            11:00—Mahjong            12:00—Senior Lunch            1:00—Yoga</p> <p><b>**Bingo moved to Thursday**</b></p>	<p>4            9:30—Knit &amp; Crochet            10:00—Woodcarving            12:00—Senior Lunch            12:30—Euchre            1:30—Zumba Gold</p>	<p>5            9:30—Total Body            12:00—Senior Lunch            12:00—Pinochle</p>	<p>6 <b>CarePatrol—12pm</b>            10:00—Yoga            12:00—Lunch &amp; Movie            12:30—Bingo            1:30—Zumba Gold</p>	<p>7            9:00—Art            9:30—Total Body            12:00—Senior Lunch            12:30—Mexican Train, Bridge            &amp; Hand/Foot/Knee</p>
<p>10 <b>TAXES</b>            9:30—Total Body            11:00—Mahjong            12:00—Senior Lunch            1:00—Yoga</p> <p><b>**Bingo moved to Thursday**</b></p>	<p>11            9:30—Knit &amp; Crochet            10:00—Woodcarving            11:30—Potluck            12:30—Euchre            1:30—Zumba Gold</p>	<p>12 <b>Heart Health—12pm</b>            9:30—Total Body            12:00—Senior Lunch            12:00—Pinochle            2:00—Computer Help</p>	<p>13            10:00—Yoga            12:00—Lunch &amp; Movie            12:30—Bingo            1:30—Zumba Gold</p>	<p>14            9:00—Art            9:30—Total Body            12:00—Senior Lunch            12:30—Mexican Train, Bridge            &amp; Hand/Foot/Knee</p>
<p>17  <b>CLOSED</b></p>	<p>18            9:30—Knit &amp; Crochet            10:00—Woodcarving            12:00—Senior Lunch            12:30—Euchre            1:30—Zumba Gold</p>	<p>19            9:30—Total Body            12:00—Senior Lunch            12:00—Pinochle</p>	<p>20            10:00—Yoga            12:00—Lunch &amp; Movie            12:30—Bingo            1:30—Zumba Gold</p>	<p>21            9:00—Art            9:30—Total Body            12:00—Senior Lunch            12:30—Mexican Train, Bridge            &amp; Hand/Foot/Knee</p>
<p>24 <b>TAXES</b>            9:30—Total Body            11:00—Mahjong            12:00—Senior Lunch            1:00—Yoga</p> <p><b>**Bingo moved to Thursday**</b></p>	<p>25            9:30—Knit &amp; Crochet            10:00—Woodcarving            11:30—Theme Lunch            12:30—Euchre            1:30—Zumba Gold</p>	<p>26            9:30—Total Body  <b>10:00—Book Club</b>            12:00—Senior Lunch            12:00—Pinochle</p>	<p>27            10:00—Yoga            12:00—Lunch &amp; Movie            12:30—Bingo            1:30—Zumba Gold</p>	<p>28            9:00—Art            9:30—Total Body            12:00—Senior Lunch            12:30—Mexican Train, Bridge            &amp; Hand/Foot/Knee</p>

# KARI WEST, CSA, CDP

SENIOR CARE ADVISOR

(248) 931-4646

KWEST@CAREPATROL.COM



**CARE** *Patrol*<sup>™</sup>

Your Partner In Senior Care Solutions

Are you confused by all of the different options and unsure where to get information and resources?

Are you ready to downsize and move into an active Independent Senior Living community?

Would you or a loved one benefit from the care and security of living in an Assisted Living or Memory Care Community? Perhaps you just need a little extra help at home?

**CONTACT KARI WEST TO SET UP YOUR PRIVATE COMPLIMENTRY CONSULTATION TODAY. SHE WILL HELP YOU NAGIVATE THROUGH THE BEST OPTIONS FOR YOUR INDIVIDUAL NEEDS.**

# MEDICARE

- NEED HELP INTERPRETING ALL OF THE OPTIONS?
- HAVE QUESTIONS AND NEED ANSWERS?

I OFFER FREE CONSULTATIONS AND NO COST SERVICE TO YOU. I REPRESENT MOST MEDIGAP, MEDICARE ADVANTAGE AND PRESCRIPTION DRUG PLANS. I HAVE HELPED MANY RESIDENTS IN THE COMMUNITY AND VALUE THE OPPORTUNITY TO WORK WITH YOU.



**SUE STARR MORSE**  
**LICENSED LOCAL AGENT**  
**PH# 248-212-7771**





# Ask the Medicare Lady



Medicare Questions? I've got answers!

ASK THE MEDICARE LADY TODAY!

Get the Right Medicare Plan for You  
Call: 248-819-9541

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		5		9	2	6		

# COMMERCE TOWNSHIP

## Richardson Community Senior Center

1485 E. Oakley Park Rd  
Commerce Township, MI 48390

Phone: 248-926-0063

Fax: 248-325-5349

Hours: 8:00AM - 4:30PM

Monday - Friday

[www.commercetwp.com](http://www.commercetwp.com)

