

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2024 DECEMBER MENU-COMMERCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2

Polish Sausage  
Hot Dog Bun  
Sauerkraut  
Potato Wedges  
Apple

3

Chicken & Dumplings  
Tossed Salad  
Peas & Carrots  
Banana  
Dinner Roll

4

Beef Tacos  
Cheese, Lettuce, Tomatoes  
Salsa & Sour Cream  
Refried Beans  
Tortillas  
Pineapple

5

Beef Lasagna  
Italian Vegetables  
Tossed Salad  
Pears  
Breadstick

6

Pulled BBQ Chicken Sandwich  
Hamburger Bun  
Potato Salad  
Brussel Sprouts  
Orange

9

Chicken Leg  
Potato Wedges  
Peas & Carrots  
Apple  
Dinner Roll

10

*Potluck*  
Sweet & Sour Chicken

11

Roast Beef w / Gravy  
Green Beans  
Mashed Potatoes  
Dinner Roll  
Apple  
Christmas Sugar Cookie

12

Sloppy Joe  
Hamburger Bun  
Three Bean Salad  
Carrots  
Apple Sauce

13

Baked Cod  
Macaroni & Cheese  
Brussel Sprouts  
Orange  
Whole Wheat Bread

16

Macaroni & Cheese  
Stewed Tomatoes  
Green Beans  
Apple  
Dinner Roll

17

Stuffed Cabbage  
Mashed Potatoes  
Peas  
Whole Wheat Bread  
Pineapple

18

Chicken Chili  
Corn  
Tossed Salad  
Banana  
Oyster Crackers

19

Spaghetti w/ Meat Sauce  
Italian Vegetables  
Tossed Salad  
Breadstick  
Pears

20

Golden Crispy Chicken  
Mashed Sweet Potatoes  
Spinach  
Orange  
Whole Grain Bread

23

Chicken Ala King  
Green Beans  
White Rice  
Mixed Fruit  
Biscuit

24

CLOSED

25

CLOSED



26

CLOSED

27

CLOSED





30

CLOSED

31

CLOSED

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS**  
**2024 DECEMBER MENU-SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SACK LUNCH \$3.50		PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 MENU SUBJECT TO CHANGE WITHOUT NOTICE	
2 ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	3 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	4 CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	5 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	6 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
9 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	10 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK	11 ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK	12 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK	13 CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK
16 ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK	17 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK	18 CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK	19 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK	20 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK
23 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK	24 CLOSED	25 CLOSED 	26 <del>ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</del>	27 <del>CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</del>
30 <del>ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</del>	31 <del>CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</del>			