SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2025 MAY MENU- COMMERCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| | HOT LUNCH \$3.50 | | PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063 MENU SUBJECT TO CHANGE WITHOUT NOTICE | |
| | | | 1 | 2 |
| | | | Chicken Parmesan Noodles Italian Vegetables Tossed Salad Peaches | Hamburger w/ Cheese Hamburger Bun Potato Salad Mixed Vegetables Orange |
| 5 | 6 | 7 | 8 | 9 |
| Fajitas Chicken Strips Refried Beans Cheese, Salsa, Sour Cream Tropical Fruit Soft Tortilla Shells (2) | Cheese Ravioli Italian Vegetables Tossed Salad Breadstick Apple Sauce | Taco Salad taco sauce, cheese, tomatoes Mixed Greens Tortilla Chips Banana | Gyro w/tomato & onion Tzatziki Sauce Coleslaw Pita Bread Orange | Cheese & Broccoli Quiche Sausage Links (2) Low Sodium V-8 Juice Fresh Mixed Fruit Muffin |
| 12 | 13 | 14 | 15 | 16 |
| Pepperoni Calzone Italian Vegetables Coleslaw Apple | <u>POTLUCK</u> Cheese Ravioli | Cheeseburger Salad Pickles, cheese, tomatoes Thousand Island Dressing Mixed Greens Pita Bread Banana | Potato Encrusted Pollock Capri Vegetables Macaroni Salad Mixed Fruit Tartar Sauce | Swiss Steak Green Beans Orange Mashed Potatoes Whole Grain Bread |
| 19 | 20 | 21 | 22 | 23 |
| Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple | Beef Tacos Cheese, Lettuce, Tomatoes Salsa & Sour Cream Refried Beans Tortillas Pineapple | Chicken Salad Plate w/celery, grapes & onions Mixed Greens Pita Bread Banana | Beef Lasagna Italian Vegetables Tossed Salad Pears Breadstick | Pulled BBQ Chicken Sandwich Hamburger Bun Potato Salad Brussel Sprouts Orange |
| 26 CLOSED | 27 | 28 | 29 | 30 |
| HAPPY AND | <u>THEME</u> Pulled BBQ Pork Sandwich Hamburger Bun Potato Salad Carrots Apple | Chef Salad Plate w/ham, turkey & egg Mixed Greens Pita Bread Banana | Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple Sauce | Baked Cod Macaroni & Cheese Mixed Vegetable Orange Whole Wheat Bread |

SENIOR NUTRITION PROGRAM - MEALS ON WHEELS 2025 MAY MENU- SANDWICH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| *************************************** | SACK LUNCH \$3.50 | | PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155 MENU SUBJECT TO CHANGE WITHOUT NOTICE | |
| | | | 1 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK | 2 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK |
| 5 ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK | 6 CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK | 7 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK | 8 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK | 9 CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK |
| 12 HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK | 13 ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK | 14 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK | 15 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK | 16 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK |
| 19 ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK | 20 CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK | 21 CHICKEN LEG ROLL CUCUMBER & TOMATO SALAD PEACHES MILK | 22 SLICED TURKEY SANDWICH LETTUCE & PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK | 23 CORNED BEEF AND SWISS WHOLE WHEAT BREAD THOUSAND ISLAND DRESSING COLESLAW MIXED FRUIT MILK |
| CLOSED HAPPY Memorial Company Memorial | 27 ROAST BEEF SANDWICH LETTUCE & CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK | 28 GRILLED CHICKEN SANDWICH LETTUCE & CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK | 29 ITALIAN SUB SANDWICH LETTUCE & AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK | 30 TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK |