







**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2025 MARCH MENU- SANDWICH**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p align="center"><b>SACK LUNCH \$3.50</b></p>		<p align="center">PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 810-632-2155</p> <p align="center">MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	
<p align="center">3</p> <p align="center"><b>HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</b></p>	<p align="center">4</p> <p align="center"><b>ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</b></p>	<p align="center">5</p> <p align="center"><b>PEANUT BUTTER AND JELLY WHOLE WHEAT BREAD POTATO SALAD CARROT STICKS APPLE SAUCE MILK</b></p>	<p align="center">6</p> <p align="center"><b>ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</b></p>	<p align="center">7</p> <p align="center"><b>TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</b></p>
<p align="center">10</p> <p align="center"><b>ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</b></p>	<p align="center">11</p> <p align="center"><b>CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</b></p>	<p align="center">12</p> <p align="center"><b>CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</b></p>	<p align="center">13</p> <p align="center"><b>SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</b></p>	<p align="center">14</p> <p align="center"><b>PEANUT BUTTER AND JELLY WHOLE WHEAT BREAD POTATO SALAD CARROT STICKS APPLE SAUCE MILK</b></p>
<p align="center">17</p> <p align="center"><b>HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</b></p>	<p align="center">18</p> <p align="center"><b>ROAST BEEF SANDWICH LETTUCE &amp; CHEDDAR CHEESE WHOLE WHEAT BREAD PASTA VEGGIE SALAD CARROT STICKS PEARS MILK</b></p>	<p align="center">19</p> <p align="center"><b>GRILLED CHICKEN SANDWICH LETTUCE &amp; CHEESE WHOLE WHEAT BUN POTATO SALAD APPLE SAUCE MILK</b></p>	<p align="center">20</p> <p align="center"><b>ITALIAN SUB SANDWICH LETTUCE &amp; AMERICAN CHEESE SUB BUN THREE BEAN SALAD ORANGE MILK</b></p>	<p align="center">21</p> <p align="center"><b>TUNA SALAD CROISSANT LETTUCE VEGGIE PASTA SALAD CARROT STICKS MANDARIN ORANGES MILK</b></p>
<p align="center">24</p> <p align="center"><b>ITALIAN SUB SANDWICH LETTUCE AND AMERICAN CHEESE SUB BUN THREE BEAN SALAD APPLE MILK</b></p>	<p align="center">25</p> <p align="center"><b>CHICKEN SALAD CROISSANT GRAPES/CELERY/ONIONS/LETTUCE COLESLAW BANANA MILK</b></p>	<p align="center">26</p> <p align="center"><b>CHICKEN LEG ROLL CUCUMBER &amp; TOMATO SALAD PEACHES MILK</b></p>	<p align="center">27</p> <p align="center"><b>SLICED TURKEY SANDWICH LETTUCE &amp; PROVOLONE CHEESE WHOLE WHEAT BREAD POTATO SALAD FRUIT COCKTAIL MILK</b></p>	<p align="center">28</p> <p align="center"><b>PEANUT BUTTER AND JELLY WHOLE WHEAT BREAD POTATO SALAD CARROT STICKS APPLE SAUCE MILK</b></p>
<p align="center">31</p> <p align="center"><b>HAM AND CHEESE SANDWICH LETTUCE WHOLE GRAIN BREAD COLESLAW PINEAPPLE MILK</b></p>				

**SENIOR NUTRITION PROGRAM - MEALS ON WHEELS  
2025 MARCH MENU- COMMERCE**

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
	<b>HOT LUNCH \$3.50</b>		<p><b>PLEASE CALL 24 HOURS IN ADVANCE TO CANCEL MEALS 248-926-0063</b></p> <p><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>	
<b>3</b>  <b>Hot Dog Bun Carrots Baked Beans Apple</b>	<b>4</b>  <b>Stuffed Peppers Mashed Potatoes Mixed Vegetables Dinner Roll Peaches</b>	<b>5</b>  <b>Vegetable Lasagna Italian Vegetables Tossed Salad Pears Breadstick</b>	<b>6</b>  <b>Meatloaf w/gravy New Potatoes Peas &amp; Carrots Whole Wheat Bread Banana</b>	<b>7</b>  <b>Macaroni &amp; Cheese Stewed Tomatoes Green Beans Orange Dinner Roll</b>
<b>10</b>  <b>Grilled Chicken Sandwich Hamburger Bun Three Bean Salad Carrots Apple</b>	<b>11</b>  <u><b>POTLUCK</b></u> <b>Corned Beef</b>	<b>12</b>  <b>Lemon Pepper Chicken Rice Pilaf Broccoli Mixed Vegetables Whole Grain Bread Mixed Fruit</b>	<b>13</b>  <b>Gyro w/tomato &amp; onion Tzatziki Sauce Coleslaw Pita Bread Orange</b>	<b>14</b>  <b>Baked Cod Macaroni &amp; Cheese Brussel Sprouts Apple Sauce Whole Wheat Bread</b>
<b>17</b>  <b>Shepherds Pie Carrots &amp; Cabbage Apple Rye Bread St. Pat's Sugar Cookie</b>	<b>18</b>  <b>Chicken Fettucini Alfredo Broccoli Tossed Salad Pears Breadstick</b>	<b>19</b>  <b>Swedish Meatballs Rice Mixed Vegetables Corn Banana Dinner Roll</b>	<b>20</b>  <b>Pepperoni Calzone Green Beans Coleslaw Pineapple</b>	<b>21</b>  <b>Cheese Ravioli Italian Vegetables Tossed Salad Whole Grain Bread Orange</b>
<b>24</b>  <b>Polish Sausage Hot Dog Bun Sauerkraut Potato Wedges Apple</b>	<b>25</b>  <u><b>THEME</b></u> <b>Stuffed Cabbage Mashed Potatoes Peas Pineapple Whole Wheat Bread</b>	<b>26</b>  <b>Chicken &amp; Dumplings Mixed Vegetables Peas &amp; Carrots Banana Dinner Roll</b>	<b>27</b>  <b>Sloppy Joe Hamburger Bun Three Bean Salad Carrots Apple Sauce</b>	<b>28</b>  <b>Potato Encrusted Pollock Capri Vegetables Macaroni Salad Mixed Fruit Tartar Sauce</b>
<b>31</b>  <b>Chicken Leg Potato Wedges Peas &amp; Carrots Apple Dinner Roll</b>				